BUNBURY & BUSSELTON EYE SPECIALISTS

PATIENT INFO AND ADVICE

What is eyelid ptosis?

Upper eyelid ptosis surgery addresses drooping of an upper eyelid lid

Sometimes a contributing factor to this appearance may be associated excess skin above the eyelid (dermatochalasis) and may also involve the brow which may be droopy as well.

Your surgeon will tell you about the components that are involved in your case and which issues can be successfully addressed by surgery.

Are you a candidate for blepharoplasty surgery?

We look especially at the relationship between the eyelids and the brows and the surface of the eyes to exclude dry eye. The vision is measured, eyelid and brow measurements made, and photographic documentation may be taken.

We then discuss how effective surgery is likely to be in your individual case.

What are the risks and side effects of blepharoplasty surgery?

Complications

- Bruising - this will always occur in varying degrees.
- Local swelling, which is temporary.
- Slight blurring of vision after surgery from local drying and the ointment. If the blurring persists for more than 24 to 48 hours your surgeon should be informed.
- Dry, gritty eyes for 2 to 3 weeks is common due to relative inability to close the eyes.
- Infection is rare.
- Loss of vision. This is very rare.
- Poor blinking
- Scarring - this is rare in the eyelids as the skin heals well in this area.
- Over correction (high eyelid)
- Under correction (low eyelid)

- Imperfect eyelid contour

What happens during eyelid ptosis surgery?

Upper eyelid ptosis surgery is performed under local anaesthesia, as a day case with sedation

- marking the skin with incision lines
- Local anaesthetic drops are placed on the eye
- local anaesthetic is given into the upper eyelid to numb the area. This can be performed with sedation.

What happens after eyelid ptosis surgery?

- The eyes may be padded for the first 1 to 2 hours to reduce bruising and swelling.
- The eyelids will usually appear swollen for a few days after surgery. Ice packs are recommended, and sitting upright and sleeping with four pillows will help reduce excess swelling around the eyelids.
- Eyelid ptosis correction is not a very painful operation, but you may take Paracetamol, if needed, but should avoid Aspirin based painkillers which can cause increased bruising.
- Most forms of light exercise and a normal work pattern may be resumed within a few days of surgery
- Stitches will be removed at between 4 and 7 days post operatively
- Make-up worn from about two weeks after surgery.

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