BUNBURY & BUSSELTON EYE SPECIALISTS

PATIENT INFO AND ADVICE

AFTER CATARACT SURGERY

This procedure can cause swelling of your eye. You may be sensitive to light for up to 4 to 6 weeks after surgery.

DAY 1 AFTER SURGERY

- Be careful when walking as your vision may be blurred.
- Remove the eye shield the morning after your surgery.
- Instill prescribed eye drops 4 times a day until review.
- Start eye drops the day after surgery.
- Wear sunglasses to provide comfort in bright light.
- Take your pain relief medication as advised for any discomfort.
- You have been given a follow up appointment with your doctor at 2-4 weeks.

WEEK 1 AFTER SURGERY

Avoid: vigorous exercise, driving for 7 -10 days (discuss with Surgeon), any physical activity that could injure or get dirt into your eye (gardening, DIY, wood chopping), getting water in your eye when you shower or bath.

Do: watch TV or read as normal, walk or take other forms of gentle exercise, wear sunglasses to provide comfort in bright light, continue to wear your old glasses if required until new ones are prescribed.

NEXT FEW WEEKS AFTER SURGERY

If you experience: decrease in vision, significant pain, increase in redness, swelling, flashing lights, pus like discharge.

Please contact Bunbury and Busselton Eye Specialists on 08 9791 4111.

FOLLOWING YOUR ANAESTHETIC

After general anesthetic or sedation it takes up to 24 hours for the drugs to be fully cleared from your body. Until then your judgment may be impaired.

You should have a responsible adult with you for the rest of the day and overnight following discharge.

SEEK URGENT MEDICAL ADVICE IF YOU

Develop severe pain or loss of vision

During office hours please contact our rooms on 9791 4111 and after hours please present to your nearest Emergency Department.

Bunbury: 19 George St, Bunbury WA 6230
Busselton: 194 Bussell Hwy, Busselton WA 6280

Dr Neil Sinclair
Dr Russell Townsend
Dr Alasdair Jackson

Tel: (08) 9791 4111 Fax: (08) 9791 4199
Email: admin@bandbeyespecialists.com.au
Website: www.bandbeyespecialists.com.au

Disclaimer: This leaflet is intended to provide general information only. It should not be used for diagnostic or treatment purposes. Please consult with your healthcare provider for guidance about any specific medical conditions.

BUNBURY & BUSSELTON EYE SPECIALISTS

GENERAL ADVICE FOR ALL CATARACT PATIENTS

FOR THE FIRST WEEK:

Avoid:

vigorous exercise

driving for 7 -10 days, discuss with Surgeon

any physical activity that could injure or get dirt into your eye (gardening, DIY, woodchopping)

getting water in your eye when you shower or bath

Do:

watch TV or read as normal

walk or take other forms of gentle exercise

wear sunglasses to provide comfort in bright light

continue to wear your old glasses if required until new ones are prescribed

see your doctor if you have problems coughing or vomiting

NEXT FEW WEEKS

If you experience:

Decrease in vision
Significant pain
Increase in Redness
Swelling
Flashing Lights
Pus like discharge

Please contact Bunbury and Busselton Eye Doctors immediately on 08 9791 4111.