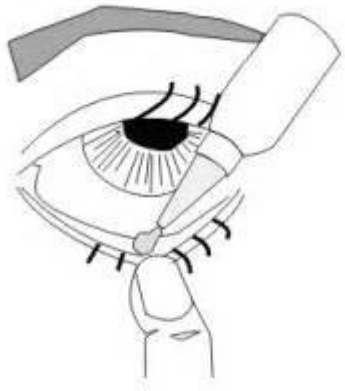
BUNBURY & BUSSELTON EYE SPECIALISTS

PATIENT INFO AND ADVICE

INSTILLATION OF EYE DROPS

INSTRUCTIONS

- Wash your hands thoroughly.
- Open your eye and tilt backward – look toward the ceiling.
- Gently pull down the lower lid to form a pouch.
- Approach the eye from the side. Hold the dropper or bottle dropper near the lid, but do not touch your eyelids or eyelashes.
- Drop the prescribed number of drops into the pouch.
- Close your eyes and blink several times – do not rub your eyes.
- Blot away any excess solution around your eye with a clean tissue.



INFORMATION

- Do not use the solution if it is discoloured or has changed in any way since being purchases – check 'use-by' dates and discard any solution remaining after treatment. Never contaminate the dropper and solution by touching the eye or eyelid with the dropper.
- If possible, have another person administer the eye drops for you.
- If applying more than one type of eye drop at a time, wait 3 minutes between drops of different types.
- Many eye medications normally sting for a few minutes immediately after use – but if irritation persists or increases during treatment with eye drop medication, discontinue using the drops and consult your doctor as soon as possible.
- You should continue with your normal medications unless otherwise advised.

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